

Swimming Marathon „Podstrana 2018. – NG7“

Date: 15.7.2018.

Time: from 8:30 h until 14:00 h

Place: In front of the Sailing club Podstrana, (Cesta Mutogras 18 A, Podstrana)

THE MARATHON PROPOSITIONS - 2.500m, 5.000 m i 7.500 m

Organizer: Sports association Nova generacija 7 – Sung 7, Podstrana

THE COURSE

- The swimming marathon (hereafter competition) consists of three races lasting 2.500 m, 5.000 m i 7.500 m. The start position is in front of the Sailing club “Podstrana”, the swimming course is set out in a rectangular shape for 2 500 m (four buoys a turn) anticlockwise. You are supposed to pass the bouy on your left hand side.

PARTICIPATION

- Members of sports associations and recreational athletes from Croatia or abroad are welcome to participate.
- Women and men are competing at the same time, but the results are evaluated separately.
- Each contestant is participating at their own responsibility which they will confirm by signing a written statement during the application process.

Persons under the age of 18 can only compete if they provide a written statement from a parent or a guardian which allows them to participate in the race.

CATEGORIES

The competitors are competing in these categories:

1. THE ABSOLUTE CATEGORY (M/F),
2. AGE CATEGORIES (M/F),
 - the category for those up to 15 years of age (M/F),
 - the category for those 16 - 19 years of age (M/F),
 - the category for those 20 - 29 years of age (M/F),
 - the category for those 30 - 39 years of age (M/F),
 - the category for those 40 - 49 years of age (M/F),
 - the category for those 50 - 59 years of age (M/F),
 - the category for those 60 or older (M/F),

AWARDS

Awards by categories:

1. THE ABSOLUTE CATEGORY

- 1st place - a cup, + prize money
- 2nd place - a cup, + prize money
- 3rd place - a cup, + prize money

2. AGE CATEGORIES

- the first three places in the category - medals
- the youngest and the oldest participant - a symbolic prize

Each competitor will get a shirt and a medal for finishing the marathon. Also, food and drinks are provided for each competitor.

THE PERFORMANCE

- Each competitor is participating at their own risk - confirming it by signing an Application form to participate in the marathon. The liability isn't transferable to the organizer under any circumstances.
- For participants under the age of 18, their parent or guardian must provide the signature. With said Application form, they need to sign a statement allowing the minor to participate in the race.
- Minors without their statement signed won't be allowed to participate.
- The time limit for the 2500m race is 90 minutes.
- The time limit for the 5000m race is 60 minutes after the winner finishes the race.
- The time limit for the 7500m race is 90 minutes after the winner finishes the race or three and a half hours after the race starts.

APPLICATION

- You can apply through the web site: [SUNG 7](#) .
- The application process will be open until **14.07.2018. (Saturday) at 23:59 h.**
- The participant has the right to compete after they have paid the registration fee and correctly filled out the application form online.
- You will be able to apply at the Start position on the day of the race as well.

THE BEGINNING OF THE COMPETITION

- The competition will begin on the **15.07.2018. (Sunday)** at 9:30 h and end three and a half (3:30) hours after the start at the latest.

- The competitors who finish the race in this time limit will be competing officially.

REGISTRATION FEE

- Registration fee will be **60,00kn** for payments made before the **09.07. 2018. at 23:59**. Registration fee is paid through a general payment slip or through internet banking into the Sailing associations account.
- Registration fee will be **80,00kn** for payments made before the **14.07. 2018. at 23:59**. Registration fee is paid through a general payment slip or through internet banking into the Sailing associations account.
- Registration fee on the day of the competition is **90,00kn** and it's payable in cash.
- Payment details:
 - o **Payer:** Name and Surname of the participant
 - o **Recipient:** Sports Association „Nova Generacija 7“
 - o **Amount:** 60,00 kn (for payments made by 9.7.2018), 80,00 kn (for payments made from the 10.7. until 14.7.2018)
 - o **IBAN** HR5723600001102670900
 - o **Reference number:** 15072018
 - o **Description of payment:** Registration fee for the marathon - Name and surname of the participant
- It's necessary to bring the confirmation of payment on the day of the race.

ACCOMMODATION

- All participants who want to stay in a private accommodation can contact the Tourist Board of Podstrana (0038521333775/00385955410667 info@visitpodstrana.hr) or the organizer of the marathon (00385981940281 vg.gavelo@gmail.com).

OTHER

- The organizer will provide a health service and life guards during the competition.
- The participants will be closely monitored by boats during the race.
- The rules to the „Podstrana 2018. – NG7“ swimming marathon – according to The Rules of Competition of the Croatian Swimming Federation (www.hsdp.hr)
- The list of allowed swimwear (including regular swimwear) - Available at: <http://www.fina.org/content/fina-approved-swimwear>
- In inadequate suits (neoprene for triathlon and similar) participation is possible but out of competition.

While swimming, it is forbidden(= automatic disqualification):

- shortening the path
- any physical conflict (kicking other competitors etc.),
- touching the life boats (with intention to rest etc.).

FINAL

The organizer has the right to amend the proposal for the competition.